

The MEMORY reVITALIZER HOUR

with Dr. William Summers

(CALL-in, 505 -444- 5059) SAT MAY 11TH, 2024.

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TOPICS: HxYNsK, UK medicine, Ozempic, MI, NM Politics/School food, AD in the end, TEA TREE OIL, COVID19again, WHO,

samizdat

Key form of dissident activity across the Soviet bloc in which individuals reproduced censored and underground publications by hand and passed the documents from reader to reader

“Let’s have a moment of silence for all those Americans who are stuck in traffic on their way to the gym to ride the stationary bicycle.”

An Investment in Knowledge pays the BEST interest. – Ben Franklin

The Cancer Industry 100 years of not trying to find the cure.

IN THESE TROUBLED TIMES REMEMBER,
FEAR IS A REACTION..
.... COURAGE IS A DECISION.

THE PURPOSE OF THIS SHOW IS TO
EDUCATE AND EMPOWER YOU
THE LISTENER

I MAKE THE COMPLEX UNDERSTANDABLE EACH &
EVERY SHOW. -R. Limbaugh

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Mongomery), Evergreen Herbal Market (Rio Rancho),
Moses Kountry Store (4th Street), Village Apothecary
in Cedar Crest, **HIGHLAND PHARMACY**, Kare Drug (AZTEC, NM),
PURPLE SAGE HERB & HEALTH (Bosque Farms), and Sierra Blanca
Pharm in RUIDOSO, NM

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THANK YOU FOR LISTENING, CALLING AND TELLING
OTHERS ABOUT THE SHOW

CLASS EXERCISE:

EYES RIGHT X 5 SEC

EYES LEFT X 5 sec

EYES UP X 5 sec

Thank YOU !!

HISTORY YOU ARE NOT SUPPOSE TO KNOW

JOHN WILKES FRS (17 October 1725 – 26 December 1797) was an English radical journalist and politician, as well as a magistrate, essayist and soldier. He was first elected a Member of Parliament in 1757. In the Middlesex election dispute, he fought for the right of his voters—rather than the House of Commons—to determine their representatives.

During the American War of Independence, he was a supporter of the rebels, adding further to his popularity with American Whigs.

Wilkes was notoriously ugly, being called the ugliest man in England at the time. He possessed an unsightly squint and protruding jaw, but he had a charm that carried all before it. He boasted that it "took him only half an hour to talk away his face"

He was well known for his verbal wit and his snappy responses to insults. For instance, when told by a constituent that he would rather vote for the devil, Wilkes responded: "Naturally." He then added: "And if your friend decides against standing, can I count on your vote?"

JOHN WILKES BOOTH

Booth's parents were noted British Shakespearean actor Junius Brutus Booth and his mistress, Mary Ann Holmes, who moved to the United States from England in June 1821. They purchased a 150-acre (61 ha) farm near Bel Air, Maryland, where John Wilkes Booth was born in a four-room log house on May 10, 1838, the ninth of ten children. He was named after English radical politician John Wilkes, a distant relative. He was a Democrat and anti-abolitionist that Assassinated Abraham Lincoln April 14, 1865.

GOVERNMENT MEDICINE (IN BRITAN)

Number of cancer patients waiting twice as long as they should to start cancer treatment has doubled since 2020, figures show
– by Kate Pickles Daily Mail April 21, 2024

- Almost 16,000 patients have waited more than four months to receive cancer care after receiving an urgent referral over the past four years.
- This is twice as long as the NHS target which requires treatment to start within two months of when cancer is first suspected.

From curbing your craving for alcohol to boosting fertility, all the surprising health benefits of Ozempic

– by Rebecca Whittaker Daily Mail April 21, 2024

- Semaglutide is well-known for its weight loss benefits. Up to 2 stone.
- semaglutide might reduce drug cravings and alcohol consumption.
 - National Institutes of Health published a study in 2023 that found semaglutide discouraged rodents from drinking alcohol.
- Having a healthy weight can reduce your risk of developing heart and circulatory diseases like strokes and vascular dementia.
- The company also believes it could help treat diabetic patients with kidney failure.
- some US doctors prescribe the jabs off-label to treat polycystic ovary syndrome (PCOS), one of the leading causes of fertility struggles in women.
 - But experts say losing weight can generally help fertility.
- GLP-1 medications like Ozempic and Wegovy could have an effect on cognitive disorders and even ward off Alzheimer's.

Novo Nordisk is studying what impact these drugs have on cognitive function.

BACK TO BASICS SECTION:

What is a heart attack? . . .

1] A heart attack happens when blood flow to the heart is blocked or cut off.

If there's not sufficient oxygen-rich blood flowing to the heart, it can cause damage to the affected area.

As a result, the heart muscle begins to die.

2] symptoms for a heart attack can include:

chest pain or discomfort	shortness of breath
pain in your LEFT arm, shoulder, or neck	
nausea	sweating
lightheadedness or dizziness	fatigue
upper body pain	trouble breathing

3] WOMEN vs MEN

With women, the pain is often described as tightness, squeezing, or pressure in the chest, while men tend to describe it as a "heavy weight on the chest."

WOMEN ARE MORE LIKELY than men to experience symptoms:

- SOB
- nausea, vomiting
- pain in the upper back or jaw
- dizziness or lightheadedness
- extreme fatigue

4] SILENT HEART ATTACKS

● people with diabetes are more likely to have silent heart attacks compared to people who don't have diabetes.

55 percent of people with diabetes have coronary artery disease. Having impaired blood flow in the coronary arteries is a major risk factor for a heart attack.

5] ISOLATED CHEST PAIN:

Chest pain caused by reduced blood flow to the heart muscle is called angina.

It's a common symptom of heart disease.

TWO MAIN TYPES OF ANGINA:

- stable angina, the most common type of angina and one that is predictable — often occurring with physical exertion or stress
- unstable angina, which is unpredictable and should be treated as a medical emergency

REST – If chest pain doesn't subside with rest or comes and goes for a period of 10 minutes or more, you may be having a heart attack.

6] BASIC TYPES OF HEART ATTACK

two main types of heart attack.

TYPE I HEART ATTACKS are where plaque on the inner wall of the artery ruptures and releases cholesterol and other substances into the bloodstream. This can then form a blood clot and block the artery.

TYPE II HEART ATTACKS the heart does not receive as much oxygen-rich blood as it needs, but there is not a complete blockage of an artery.

OTHER CAUSES OF HEART ATTACKS include:

torn blood vessels - BLUNT CHEST TRAUMA

blood vessel spasms - CNS, PHARMACOLOGIC (nicotine)
drug misuse

hypoxia, lack of oxygen in the blood ... eg) Pulm emboli, drowning, Fire

7] RISK FACTORS that you can control:

smoking	** high cholesterol	obesity
lack of exercise	high levels of stress	
diabetes or prediabetes	eating a diet high in trans fats and saturated fats	
Xs alcohol consumption	sleep apnea	

8] DIAGNOSIS

- blood test of troponin T, a protein found in the heart muscle. Elevated levels of troponin T in the bloodstream is associated with a heart attack.
- EKG

- 2-D Echocardiogram uses sound waves to create an image of the heart's chambers and valves, can reveal how blood is flowing through the heart and what parts of the heart, if any, have been damaged.

- **CARDIAC ANGIOGRAPHY**

A CATHETER IS inserted into the blood vessels. It allows the cardiologist to view areas in and around your heart where plaque may have built up. They can also inject dye into your arteries, order an X-ray to see how the blood flows, and view any blockages..... and perhaps insert "stents" (a wire mesh tube inserted into the coronary artery to keep it open.)

9] TREATMENT

- Stent
- Angioplasty
- Coronary Bypass Surgery - Cardiologist reroutes the blood around the blockage.
- Heart valve surgery (if a leaky valve)
- Pacemaker a device implanted beneath the skin. It can help your heart maintain a normal rhythm.
- Heart transplant. Rare

10] **How to help someone having a heart attack**

call emergency services (911 or Heart Hospital) immediately and follow the instructions they give you regarding what to do.

11] HEART ATTACK COMPLICATIONS

- Leaky heart valves
- arrhythmia, skipped heart beats.
- In males, difficulties with erections

POLITICS OF MEDICINE:

NEW MEXICO IS RANKED

#32 Health Care Quality #31 Public Health #43 Health Care Access

35.1% OBESITY RATE

14.4% W/o HEALTH INSURANCE

Expert reveals mystifying reason a third of dementia patients regain 'lost' memories in days before death

by Cassidy Morrison Daily Mail May 7, 2024

- They've found that around a third of dementia patients experience remarkable moments of lucidity that begin in their final few days of life.

The phenomenon, called terminal lucidity, sees the dementia patient sudden able to remember people's names, loved one's faces, and inside jokes.

- Reason is not clear but is likely a result of the brain's last ditch effort to survive

Tea Tree Oil Shows Promise in Treating Acne, Eczema, and Psoriasis

by Amie Dahnke May 6, 2024

– After analyzing data from 29 studies, researchers found that tea tree oil stands out as a safe and effective treatment for combating blemishes, eczema flare-ups, and even stubborn psoriasis plaques.

– With its antibacterial, anti-inflammatory, and antiviral properties, the pungent essential oil derived from tea trees could offer relief for millions affected by skin conditions.

- People with eczema can treat their condition with corticosteroids, which work by suppressing the immune system. However, these medications can have a range of side effects, including weight gain, hair loss, acne, gut problems, and osteoporosis.

- benzoyl peroxide has been the go-to ingredient in many over-the-counter acne-fighting products, including Proactiv and Clearasil. However, such products can contain cancer-causing levels of benzene under certain conditions such as being stored or handled at high temperatures

- products containing isotretinoin, sold under several brand names, including Accutane, to an increased risk of psychiatric conditions, including depression. Also, pregnant women are advised not to take isotretinoin, as it can harm the developing fetus.

People With More COVID-19 Vaccine Doses More Likely to Contract COVID-19: Study

by Zachary Stieber May 6, 2024 Epoch Times

- An analysis of data from Cleveland Clinic employees found that people who received two or more doses were at higher risk of COVID-19
- The risk of contracting COVID-19 was 1.5 times higher for those who received two doses, 1.95 times higher for those who received three doses, and 2.5 times higher for those who received more than three doses, the researchers found. The higher risk was compared to people who received zero or one dose of a vaccine.

Biden to Give WHO Control of US Health Freedoms

By Frank Gaffney May 9, 2024

<https://www.newsmax.com/frankgaffney/biden-un-who/2024/05/09/id/1164143/>

The Biden administration is stealthily preparing to surrender our sovereign, constitutional republic and the freedoms it guarantees to the World Health Organization's unaccountable, Marxist director-general, Tedros Adhanom Ghebreyesus, Ph.D.

Tedros misled the public about the origins, nature and treatment of the COVID-19 virus.

Worse yet, he gave us flawed advice about how to respond.

The prescriptions issued by that nonmedical doctor, by some accounts, contributed to the needless death by many of the roughly 1.2 million Americans who perished from COVID-19.

These accords would oblige the U.S. and 195 other parties to submit to whatever the WHO's director-general unilaterally declares to be an actual or potential "public health emergency of international concern"

- This is the Great Reset with a mask. Its proponents boast that it will usher in the era of "global governance."
- He would also effectively become your new doctor — prescribing what kind of medical care you can, and cannot, get to you and your own physician. Inevitably, that would include more of the so-called "China model" that Tedros malfeasantly told us was the right response to COVID -19.

- The way the Biden administration and its, globalist friends have gotten this far in terms of effecting such a radical and anti-constitutional agenda — is by keeping the project effectively secret until after these two treaties are approved by the World Health Assembly in Geneva between May 27 and June 1.

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Report: States serving YOUR kids the least healthy school lunches revealed - after junk food like Lunchables had been linked to cancer spike in kids

by Caitlin Tilley May 10, 2024 Daily Mail

- Junk food is a staple across America's school canteens - but a new map has laid bare which states serve up the least nutritious lunches.
- Louisiana & New Mexico have the worst in the country, based on several factors including how many fruits and vegetables students consume, from kindergarten through high school.